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|-------------------------|-------------------------------|------------------|
| <b>Thornaby Academy</b> | <b>17<sup>th</sup> August</b> | <b>9am – 3pm</b> |
| <b>Ian Ramsey</b>       | <b>18<sup>th</sup> August</b> | <b>9am – 3pm</b> |
| <b>St Patricks</b>      | <b>19<sup>th</sup> August</b> | <b>9am – 3pm</b> |
| <b>Conyers</b>          | <b>22<sup>nd</sup> August</b> | <b>9am – 3pm</b> |
| <b>Northshore</b>       | <b>23<sup>rd</sup> August</b> | <b>9am – 3pm</b> |
| <b>Ingleby Manor</b>    | <b>24<sup>th</sup> August</b> | <b>9am – 3pm</b> |
| <b>Northfield</b>       | <b>25<sup>th</sup> August</b> | <b>9am – 3pm</b> |
| <b>St Michaels</b>      | <b>26<sup>th</sup> August</b> | <b>9am – 3pm</b> |
| <b>Egglescliffe</b>     | <b>30<sup>th</sup> August</b> | <b>9am – 3pm</b> |
| <b>Grangefield</b>      | <b>31<sup>st</sup> August</b> | <b>9am – 3pm</b> |

**Help and Support**  
Floor One, Kingsway House  
West Precinct  
Billingham  
Stockton-on-Tees  
TS23 2NX

Email: [Schoolsupportadmin@stockton.gov.uk](mailto:Schoolsupportadmin@stockton.gov.uk)

Dear Parent/Carer,

Transition from primary school to secondary school can be a worrying time for a child/young person and COVID may have also had an impact on this. Within Help and Support we are jointly working with various outside agencies to offer some enhanced transition for young people across Stockton-on-Tees. Our aim is to try and help young people build resilience, understand their feelings, and normalise these.

The enhanced transition days are being held within the secondary schools across Stockton, this will be a one-day program and will have representatives from:

- Kooth
- Mind
- Alliance
- 5-19 Team
- Bright Minds, Bright Futures
- School Support

The children/young people will be taking part in a range of activities throughout the day. These activities have been designed to focus on the transition from primary to secondary, their emotional and physical wellbeing and providing coping mechanisms for any feelings of worry or anxiety around change.

The purpose of this offer is to identify any difficulties with emotional health and wellbeing at the earliest opportunity. This will ensure support is put in place through work being completed either in a one to one or a group setting. Support may be offered around a variety of issues such as confidence and self-esteem, friendship issues and bullying, body image and self-awareness or other worries.

Parents/Carers will also be offered the opportunity to contribute to the school transition journey by attending a presentation of the morning of the transition days or by reviewing the parent pack. You can also contact us if you have any worries, you would like to discuss or feel that your child may need further follow-on support.

Please confirm your child's/young person's place by phoning school support on the details provided below:

|                           |                    |   |
|---------------------------|--------------------|---|
| Billingham                | Melissa Atkinson   | <a href="mailto:melissa.atkinson@stockton.gov.uk">melissa.atkinson@stockton.gov.uk</a><br>07765897583     |
| Central Stockton          | Kayleigh Johnston  | <a href="mailto:kayleigh.johnston@stockton.gov.uk">kayleigh.johnston@stockton.gov.uk</a><br>07384797672   |
| Stockton North and Norton | Kayleigh Johnston  | <a href="mailto:kayleigh.johnston@stockton.gov.uk">kayleigh.johnston@stockton.gov.uk</a><br>07384797672   |
| Yarm and Eaglescliffe     | Stephanie Ferguson | <a href="mailto:stephanie.ferguson@stockton.gov.uk">stephanie.ferguson@stockton.gov.uk</a><br>07384797727 |
| Thornaby                  | Molly Kelsey       | <a href="mailto:molly.kelsey@stockton.gov.uk">molly.kelsey@stockton.gov.uk</a><br>07824416934             |
| Ingleby                   | Mandy Hill         | <a href="mailto:mandy.hill@stockton.gov.uk">mandy.hill@stockton.gov.uk</a><br>07771083610                 |

Yours Sincerely,

School Support Team